

Brownlow Fold Retrieval Practice Challenge Grid

What's your score?

Last Week	Last Lesson	Last Year	Further Back
-----------	-------------	-----------	--------------

Working memory limitations:

- Almost all information is lost after 30 seconds
- Limited to a small number of elements
- When processing information, may be as low as two or three items (depending on complexity)
- However, the long-term memory has a potentially limitless capacity (*although it's hard to retrieve things*)

Working memory is a component of short-term memory.

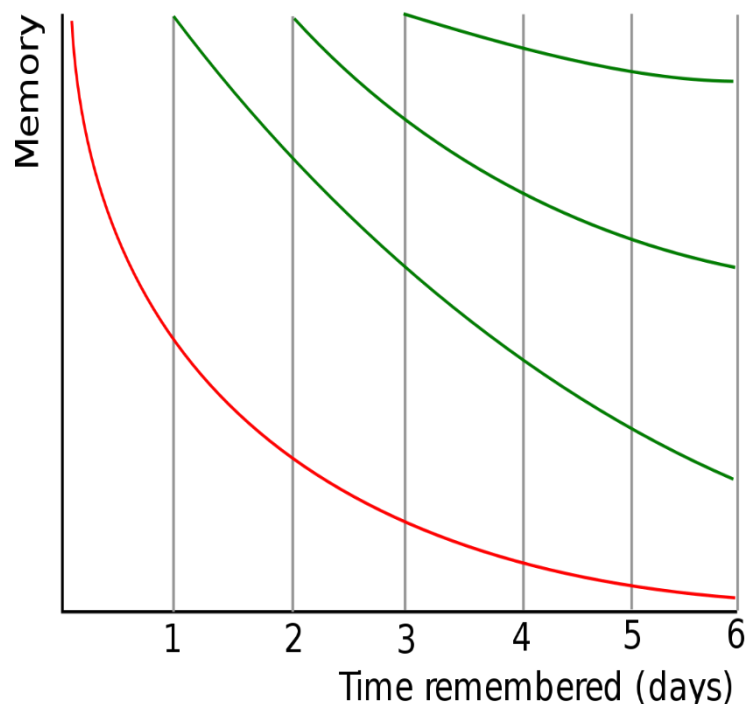
It refers to the ability to hold information in mind while we mentally manipulate it.

Needed for a range of activities including:

- mental maths
- following a series of spoken instructions
- keeping track of tasks

“The aim of all our teaching at Brownlow Fold is to alter the children’s long-term memory. If nothing has changed in their long-term memory, nothing has been learned.”

The Forgetting Curve



Long-term memory - a huge storehouse of vocabulary, concepts and procedures.

Working memory – the very limited space in which we think and process information.

Brownlow Fold Spaced Retrieval
Maths

Yesterday
 $15\% \text{ of } 350 =$

Last week
 $17 \times 35 =$

Last Month
 $82 + 22 =$

Last Term
 $2408 - 1222 =$

Brownlow Fold Spaced Retrieval
English

Yesterday

Last week

Last Month

Last Term

