Date: 7.2.2020

# **Brownlow Fold Newsletter**



Together we fl

#### **Key Dates**

Tuesday 11<sup>th</sup> February - Safer Internet Day Friday 14<sup>th</sup> February – School & Nursery close for half-term Monday 24<sup>th</sup> February – School & Nursery re-open

#### **Head Teacher Award**

Well done to Nathan from Year 1 who has received the Head Teacher Award this week:-



#### Star of the week

Every week staff choose 'Stars of the week' from every class. This may be because they have been working extremely hard, demonstrating excellent manners or they have tried their best. Can your child explain to you why they have been chosen to be the 'Star of the week?'

Class	Pupil/s
Bees	Sam
Bears	Mason
Reception	Imaan
Year One	All of Year One
Year Two	Maida
Year Three	Ammar
Year Four	Sadiya
Year Five	Mikayeel
Year Six	Amina A

## Note from the Head teacher

ACTION FOR HAPPINESS <

#### Live life mindfully

Ever felt there must be more to life? Well good news, there is! And it's right here in front of us. We just need to stop and take notice.

Learning to be more mindful and aware can do wonders for our wellbeing in all areas of life - like our walk to work, the way we eat or our relationships. It helps us get in tune with our feelings and stops us dwelling on the past or worrying about the future - so we get more out of the day-to-day.

Mrs J Cheung Head teacher

# **Applying metacognition to different subjects**

Improving metacognition is something that is helpful across all subjects, as it looks at the way that people learn rather than what they learn. Therefore, teachers should encourage pupils to use metacognitive strategies across subjects, as the more they practice, the more effective they are. Although some general trends exist, it is easier to apply effective strategies if one knows the context they are applying it to. For example, here's how you can use metacognition to solve a maths problem (although this process is not unique to helping with maths)

Planning: The pupil thinks about similar maths problems they have solved before and about the strategy, they used.

Monitoring: The pupil then assesses the progress they are making in solving the problem and asks questions to their teacher if they need help.

Reviewing: The pupil considers whether they chose the best approach or strategy to solve that particular problem.

Teaching metacognitive strategies within each subject is essential - metacognition in Maths or in French may look different from each other.



## Climate Change: Greenhouse Gases and the Greenhouse Effect

The trouble now is that the amount of greenhouse gases in the atmosphere is higher than it would be naturally, and this is changing the world's climate.

The greenhouse effect means that in general, the planet is getting hotter. But in some places around the world it is also getting wetter; some are getting drier (the Sahara desert is expanding and it is likely that this will continue due to climate change) and others are getting windier. So it depends on where you live as to what effect climate change may have on you:

- The Inuits in the Arctic regions have noticed the ice melting more in the summer months and freezing less in the winter months.
- The Shanty towns in Asia and Latin America are suffering more floods and storms than in the past.
- The Europeans are witnessing more forest fires, melting glaciers and heat waves than ever before. Many locations in England experience hose pipe bans in the summer.



## **Attendance and Punctuality**



Ofsted say:	
Attendance	Judgement
Above 96%	High
95.1% - 96%	Above Average
94% - 95%	Average
Below 94%	Low

Brownlow Fold Attendance Target		95.5%

Class	
Reception	90.9%
Year One	97%
Year Two	91.3%
Year Three	98%
Year Four	93%
Year Five	95.2%
Year Six	99.7%

An initiative to get all Primary Schools in the borough to be part of the first Bolton Marathon for over 30 years

To encourage daily activity in schools between 24th February and 7th May 2020 and be a catalyst for ongoing activity

Course broken down into 42 sections of 15 minutes activity (run, walk, play)

44 school days to complete the challenge

Trophy for all schools completing course/initiative



### Find Your Brave – Children's Mental Health Week

Bravery comes in all shapes and sizes and is different for everyone. Bravery could be about sharing worries and asking for help when you need it, trying something new or making the right choices. Here are some things that might help you to Find your Brave.

- 1. Think about something you've done where you felt brave. How did it make you feel?
- 2. Think of something brave you could do at school. (It could be speaking up in class, standing up for someone or volunteering for something).
- Think of a new skill or activity you could try that you've never done before.
- 4. Ask your family, friends and teachers what they do to Find their Brave they might have some good ideas you could try!
- 5. How do you Find your Brave? Write or draw something.