

Date: 01.11.2019

# Brownlow Fold Newsletter

## Key Dates

**Tuesday 5<sup>th</sup> November**

Pudsey visiting school and nursery

**Wednesday 6<sup>th</sup> November**

Year 1 & 2 Cinema Trip

**Friday 8<sup>th</sup> November**

Year 4 & 5 Cinema Trip

**Monday 18<sup>th</sup> November**

Y5 & 6 Cinema Trip

## New Things November 2019

We are focusing on the simple joy which comes from trying new things. Life is happier when we keep learning, get creative, explore new ideas and broaden our outlook.

Friday 1<sup>st</sup> November 2019 - Make a list of all the new things you want to try out this month

## Note from the Head teacher

From all of us at Brownlow Fold, we just wanted to say a huge thank you for supporting YoungMinds' #HelloYellow day held on 10th October – World Mental Health Day. This was a great opportunity to show young people that they are not alone with their mental health and raise funds for YoungMinds. We had an amazing day and raised a total of £194.00. With 3 children in every classroom with a mental health need YoungMinds is leading the fight for a future where all young minds are supported and empowered, whatever the challenges. They exist to make sure young people get the best possible mental health support and have the resilience to overcome life's difficulties.

## Star of the week

Every week staff choose 'Stars of the week' from every class. This may be because they have been working extremely hard, demonstrating excellent manners or they have tried their best. Can your child explain to you why they have been chosen to be the 'Star of the week'?

Class	Pupil/s
Bees	Isabella
Bears	Esme
Birds	Raheem
Year One	Jak
Year Two	Mihrban
Year Three	Hadley
Year Four	Ayesha
Year Five	Muhammad
Year Six	Amina

What happened when the air con in the cheese factory broke? There was a melt-down!



## ACTION CALENDAR: NEW THINGS NOVEMBER 2019



### MONDAY



4 Today meet someone new and learn something about them

11 Be curious. Find out about three new topics or ideas

18 Join a new online community on a topic that interests you

25 Try a new way to practice self-care and be kind to yourself

### TUESDAY

"You never know what you can do until you try" ~ C. S. Lewis

5 Choose a different route and see what you notice on the way

12 Find a new way to help or support a cause you care about

19 Say hello to someone you see regularly but don't normally talk to

26 Today wear something unusual and enjoy looking different

### WEDNESDAY

6 Make a meal using a recipe or ingredient you've not tried before

13 Be creative today - cook, draw, write, paint, make or inspire

20 Sign up to join a new course, activity or evening class

27 Tune in to a different radio station or TV channel to normal

### THURSDAY



7 When you feel you can't do something, add the word "yet"

14 Tell a friend about something helpful you learned recently

21 Learn to say a word or phrase in three different languages

28 Join a friend doing their hobby and find out why they love it

### FRIDAY

1 Make a list of new things you want to try out this month

8 Today connect with someone from a different generation

15 Look at life through someone else's eyes and see their perspective

22 Choose to do something out of your normal comfort zone

29 Use one of your strengths in a new or creative way

### SATURDAY

2 Broaden your perspective: read a different paper, magazine or site

9 Teach yourself a new skill. Origami? First aid? Meditation?

16 Learn a new skill from a friend and teach them one of yours

23 Go outside and do something playful - walk, run, explore, relax

30 Set aside a regular time to pursue a new hobby

### SUNDAY

3 Enjoy new music today. Play, sing, dance or listen

10 Get out into nature and observe the changing season

17 Visit a local place of interest that you've not been to before

24 Discover your artistic side. Design your own Christmas cards!

ACTION FOR HAPPINESS



www.actionforhappiness.org

Picture News

28th October-3rd November

Is it ever acceptable to intervene with nature?



# British Values

28<sup>th</sup> October-3<sup>rd</sup> November

## Individual Liberty

It is important to let nature take its course as the world has a natural order and rhythm.

There may be times however, when we feel it is right to help an animal to ease suffering.

CHANGE  
STARTS  
WITH



#ANTIBULLYINGWEEK

ANTI-BULLYING WEEK 2019 11<sup>th</sup> -15<sup>th</sup> November

Whether it is verbal, physical, online or in-person, bullying has a significant impact on a child's life well in to adulthood. By making small, simple changes, we can break this cycle and create a safe environment for everyone. Because together, we can challenge bullying. Change starts with a conversation. It starts with checking in. It starts with work together.

## Attendance and Punctuality



Ofsted say:

Attendance	Judgement
Above 96%	High
95.1% - 96%	Above Average
94% - 95%	Average
Below 94%	Low

Brownlow Fold Attendance  
Target

95.5%

Class	
Reception	91.2%
Year One	100%
Year Two	97.5%
Year Three	94.8%
Year Four	96.9%
Year Five	95.9%
Year Six	99.4%

## CHILDREN IN NEED – PUDSEY VISIT

In support of this year's Children in Need Appeal we will be having a very special visitor in school and nursery on Tuesday 5<sup>th</sup> November - Pudsey Bear!

To celebrate Pudsey's visit we are asking the children to come to school and nursery dressed in something yellow or spotty for a donation of £1.00.

Pudsey is a busy bear carrying out all the things he needs to do to help disadvantaged children across the UK. He also has a busy schedule organising the fabulous Appeal night show, visiting fundraisers up and down the country and spending time with his celebrity pals.

