

Date: 15.11.2019

Brownlow Fold Newsletter

Key Dates

Monday 18th November

Y5 & 6 Cinema Trip

Monday 25th November

Year 2 School Linking trip to Bolton College

Monday 2nd December

Nasal Flu Immunisation

Wednesday 4th December

Christmas Jumper Day

Thursday 5th December 8.50am

Year 2 Parents invited to help build a Tudor House

Tuesday 10th December

Rec, Y1 & Y2 Panto - Aladdin

Wednesday 11th December

KS2 Panto – Aladdin

Star of the week

Every week staff choose 'Stars of the week' from every class. This may be because they have been working extremely hard, demonstrating excellent manners or they have tried their best. Can your child explain to you why they have been chosen to be the 'Star of the week?'

Class	Pupil/s
Bees	Jayden
Bears	Eisa
Birds	Jamal
Reception	Haseena
Year One	All of Year One
Year Two	Connor
Year Three	Zainab
Year Four	Raees
Year Five	Hajra
Year Six	Ameerah & Amna

CHRISTMAS BINGO

Tickets now on sale for our Christmas Bingo.

THURSDAY 5th DECEMBER 2019
3.30.p.m.—4.30..m.

£1.00 per ticket.
All games included.

Please join us for
this exciting event!



British Values

11th-17th November

Mutual Respect

The haka is an important ritual for Māori people and is used by sports teams in New Zealand and other parts of the world. It is important to respect other cultures and also to be aware of the impact they may have.



Head Teacher Award

Well done to all the children who have received the Head Teacher Award this week:-



Nathan
Year 1



Maleeha
Year 1



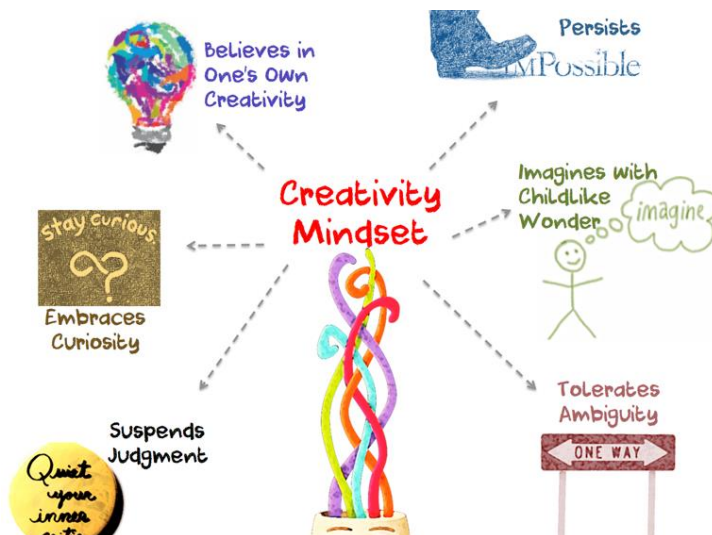
Sienna
Year 1



Amaya
Year 4



Mackenzie
Year 6



Note from the headteacher:

Relationships Education for Primary Pupils

Key Information for parents/carers

The Department for Education is introducing compulsory **Relationships Education for primary aged pupils** **not Relationships and Sex Education (RSE)** this is for secondary aged pupils from September 2020. In addition, from September 2020 it will be compulsory for **all schools** to teach Health Education.

School has written a document to address any confusion about what will/will not be taught at Brownlow Fold. This document can be found on our school website. Please read the document to ensure that you have a detailed understanding of the changes.

Spelling Bee Competition

Today your child will have received a list of the words that will be used for our very first Brownlow Fold Spelling Bee, taking place on Friday 6th December. Parents/carers of pupils in Y1, Y2 and Y3 are invited to attend the event at 1:20pm in the school hall, and parents/carers of pupils in Y4, Y5 and Y6 are invited to attend at 2:15pm. Please encourage your child to learn these words – it will prove to be an exciting and enjoyable event that will hopefully showcase how fantastic our pupils are at spelling!



Attendance and Punctuality



Ofsted say:

Attendance	Judgement
Above 96%	High
95.1% - 96%	Above Average
94% - 95%	Average
Below 94%	Low

Brownlow Fold Attendance Target

95.5%

Class	
Reception	82.6%
Year One	96.4%
Year Two	96.7%
Year Three	100%
Year Four	96.8%
Year Five	94.7%
Year Six	99.4%

The psychological benefits of sleep

There has been a lot of research done on the power of sleep. Scientists have found that those who sleep better at night have been found to:

- Have better [concentration](#)
- Have enhanced [memory](#)
- Focus less on the [negative](#)
- Be more [creative](#)
- Have a better [immune system](#)
- Be better [decision makers](#)



As a result of combining all of these, pupils who sleep better have been found to get higher grades when compared to their sleepy peers. Sleep is one of the most important parts of the day. If we don't get the recommended amount, the effects trickle into our daily activities, leaving us unmotivated and grumpy. In the same way we prioritise eating three meals a day, we should prioritise sleep. Developing a sleep routine, reducing light from our phones, and exercising are just a few ways to help you sleep. Integrating these steps into your life can help you sleep better and improve your day.