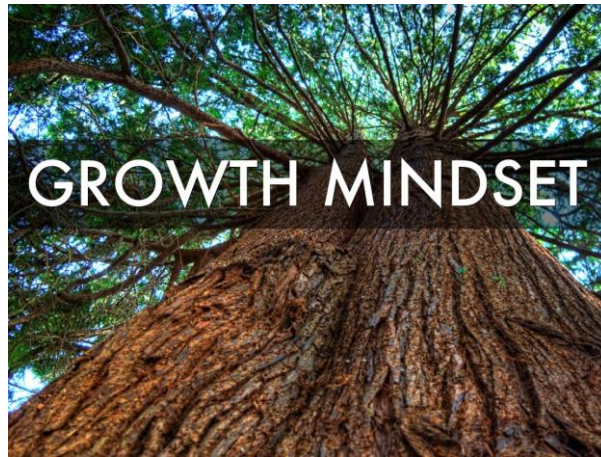


Brownlow Fold Primary School



Growth Mindset

A Mindset for Success



GROWTH MINDSET

It's

OKAY

to

not know

but it's

not okay

to

not try

At Brownlow Fold we teach the children to love challenges, be intrigued by mistakes, enjoy effort, and keep on learning (even when they find work challenging).

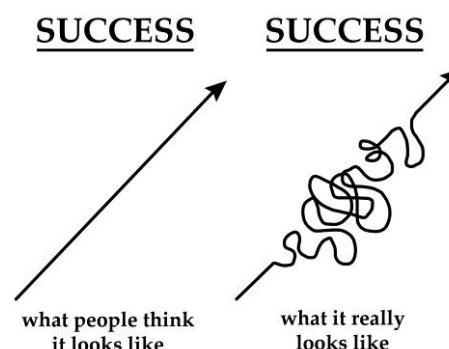
FAIL

First

Attempt

In

Learning

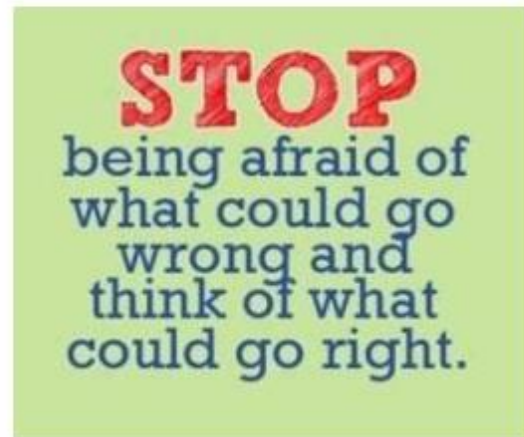


Practising growth mindset theory with children is a great way to get them engaged with subjects and activities that they try to avoid through fear of getting things wrong or "not being good enough." Carol Dweck is one of the world's leading researchers in the field of motivation. She focuses on why people succeed and how to foster this success in schools. In her research on motivation and achievement, Dweck introduces the idea of Mindset. Practising growth mindset theory with children is a great way to get them engaged with subjects and activities that they try to avoid through fear of getting things wrong or "not being good enough."



Some children often say 'There's no point, I'll never be able to do it' or avoid doing something because they've failed at it in the past? Feelings like this can be related to what children believe about what makes them 'good' at something – whether it's school work, sport, or even their ability to manage their emotions and behaviour. Some children give up on challenging tasks easily, or avoid tasks they've failed at before. They believe that being 'good' at a particular activity is a fixed state, and is something they can't control. In psychology, this way of thinking is called a '**fixed mindset**'.

Others might bounce back quickly from failure and be more likely to explore how they can get better at doing something. They tend to be children who believe that you can improve your abilities by practising, or by finding a different way to achieve their goal. This way of thinking is called a '**growth mindset**'



- Learning walks and lesson observations will demonstrate examples of the language of growth mindset being used during classroom interactions.
- During conferencing, pupils will report on how growth mindset has increased their resilience to challenge.
- Work sampling shows that pupils engage in editing and feedback, with a positive attitude to self-improvement.
- All staff have an understanding of Growth Mindset and how to implement this in the classroom.
- Children are increasingly displaying a 'Growth Mindset' instead of a 'Fixed Mindset'.
- Parents understand what is meant by Growth Mindset and how to support this at home.
- All pupils at Brownlow Fold become curious, active and engaged learners through relevant curriculum, authentic classroom and enrichment experiences that promote awareness of each individual's role in a global community, expand learning outcomes, and accelerate achievement gains to reduce gaps in proficiency.

Staff Attribute/Mindset	What it looks like
Expect excellence	You have the highest expectations of yourself and believe anything is possible. You have a thirst for knowledge and are never satisfied with mediocre work – if it's not excellent, it's not finished! You set yourself aspirational goals for the future and expect to achieve them. You believe that there is no ceiling to your intelligence – we can all get better and better, if we try harder and harder.
Embrace challenge	You enjoy the challenge of difficult work as you know that it will help you learn. You always think about how effectively you use knowledge and skills to deepen your learning, by applying your knowledge. You will always engage fully with any task and throw yourself into new challenges that arise.
Thrive on feedback	You seek feedback from colleagues and value their opinion. You make sure you know what the feedback means. You then use this to improve your future work. You think carefully about what you learn and how you learn it and how to get better.
Be resilient and overcome obstacles	You don't give up easily when things are hard – you keep going. You are happy to make mistakes and learn from them. You'll ask questions.
Accept hard work, effort and deliberate practice	You understand that how well you achieve will be determined by the effort you put in. You understand the need to practise something over and over again in order to master it.
Be inspired by the success of others	You look for examples of great work, find out why it is great and then use it to inform your work. You'll speak to others about their work and how they learn. You will often ask your colleagues to critique your work and suggest improvements.
Support and encourage each other	You often help others to learn and encourage them to improve. You work well within a team – as a leader or in another role. You are happy and confident to express your thoughts and ideas. You are good at giving kind, specific and helpful feedback to others, to help them challenge themselves to get better.